



# Air Force Global Strike Command Fact Sheet On Coronavirus



11 March 2020

**1. WHAT IS CORONAVIRUS?** Coronavirus Disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The Department of the Air Force is responding appropriately to protect the health of the force and maintain operational readiness.

**2. WHAT PRECAUTIONS SHOULD I BE TAKING?** All personnel and family are encouraged to practice proper hygiene as the best way to prevent the spread of germs. COVID-19 is primarily spread by airborne droplets from coughing/sneezing. Here are other helpful tips on avoiding viruses, colds, and the flu:

- Don't panic. Over 80% of people who get COVID-19 have mild symptoms, and the most susceptible for severe symptoms are the elderly or individuals with chronic health problems.
- Wash your hands. This includes washing hands with soap and water for at least 20 seconds or using an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Maintain 6 foot "social distancing" from others (out of the cough zone) and as transmission increases, limit mass gatherings.
- Avoid close contact with sick people. If you're sick, then stay home and away from healthy people.
- Avoid shaking hands.
- Cough/sneeze into your sleeve and elbow.
- Sanitize objects you and other people touch using EPA-registered disinfectants (link below).
- After touching shared objects, wash hands or use hand sanitizer before touching your face or eating.

**3. WHAT TO DO IF I THINK I HAVE CORONAVIRUS?** Anyone with a respiratory illness should not assume it is COVID-19, as it is more likely to be the seasonal flu or the common cold. However, patients who traveled in the past 14 days to an area where COVID-19 has been identified as having community transmission and currently have a fever, cough, or difficulty breathing, should contact their healthcare provider immediately. Additionally, remember to:

- In an effort to protect medical providers, call the facility before seeking medical care
- Notify your medical provider of your travel history.
- Notify your supervisor.

**4. ARE EXERCISES OR OPERATIONS BEING CANCELED DUE TO COVID-19?** At this time, the Air Force has not postponed, redirected, or cancelled any exercises. We are continually assessing the current environment to ensure the health and safety of our members as operations continue. See the EXORD and additional FRAGOs for any updates to operations.

## 5. LINKS FOR ADDITIONAL INFORMATION.

AFGSC has a new COVID-19 Sharepoint site for additional information as it becomes available:

<https://cs2.eis.af.mil/sites/10963/hq/Coronavirus/SitePages/Home.aspx>

Additional information can be found at the below links:

- Non-exhaustive list of EPA approved disinfectants - <https://www.americanchemistry.com/Novel-Coronavirus-Fighting-Products-List.pdf>
- Air Force - <https://www.af.mil/News/Coronavirus-Disease-2019/>
- DOD - <https://www.defense.gov/Explore/Spotlight/Coronavirus/>
- CDC - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- MHS - <https://health.mil/News/In-the-Spotlight/Coronavirus>
- COVID-19 Symptoms Chart - <https://www.whs.mil/Portals/75/Coronavirus/COVID-19%20vs%20Cold%20vs%20Flu.jpg?ver=2020-03-10-105044-380>